

## General Information:

The First Miles for Matt Bike Tour offers a beautiful ride on a closed Wantagh State Parkway. This does not happen often. The route will be an 8.5 mile loop, but may be repeated as long as time allows. The bike tour ends at noon. This scenic route, with the smell of salt air will keep everyone interested. Parking will be in the Nikon at Jones Beach Theatre, parking lot 5A. The event can appeal to a wide variety of riders. It is a great course for first time event riders. We ask that all cyclists be aware of the possibility of pot holes and cracks in the road. This is not a race, but an opportunity to enjoy the morning riding free of car traffic. There will be coffee and a light breakfast available.

T-Shirts will be given out while they last.

Helmets are required and all riders are expected to obey all traffic laws.

## Routes:

The Miles for Matt Bike Tour is a bike event, not a race. All riders are expected to obey all traffic laws. There will be state and park police traffic support to close the north bound lanes of the Wantagh State Parkway. There will be a barrier between the lanes of use heading south. The barrier should always be on your left and no one should cross into the other lane. One loop from the start in the theater parking lot to the turnaround at East Merrick Road and back to the start is 8.5 miles. Please be courteous to other cyclists.

The turnaround/ rest stop is about 4.25 miles from Theatre Parking, near East Merrick Road. This is an opportunity to change cycling clothes, if you dressed too warmly or too lightly. There will be SAG drivers on the course from start until 12:00.

## Parking and Start:

Please follow the directions of parking marshals as you turn into, parking lot 5A, Nikon at Jones Beach Theatre from the Wantagh State Parkway. Those arriving early will be able to park near the start/finish in Nikon Jones Beach Theatre, where after obtaining your wrist band, you can walk to the Wantagh State Bike Path. Please be prepared to show the marshal your wristband.

We will have a phased start. Phased starts improve the safety and enjoyment of the ride for everyone by avoiding the confusion of a mass start of riders of varying ability. There will be three phases based on the estimate speed of the rider.

**8:15 AM – Riders who will average 18 mph and above.**

**8:17 AM – Riders who will average 14 – 17 mph.**

**8:19 AM – Riders who will average 13 mph and below.**

## Directions:

The Miles for Matt Bike Tour starts from the Nikon Theater at Jones Beach Parking Lot 5A. Follow the roadway signs on Bay Parkway(east). The parking lot is designated as lot 5A inside the Jones Beach State park. Parking marshals will direct you.

## Matt's Story

*Matt's story is one that should never happen. July 20, 2009, was one of the few sunny days of the summer of 2009. Matt was working in Manhattan that summer-his first job. He took the LIRR home and headed out to the Wantagh State Bike Path in Nassau County for a bike ride. A man, who was driving under the influence and at an excessive rate of speed, drove his motorcycle off the parkway and directly into Matt. Help was on its way immediately and he was airlifted to NUMC, however, none of the skilled medical personnel could save our son, a 19 year old, vibrant and active college student.*

Teamsters Local Union No. 812



VALEO ASSOCIATES, LTD.



The Scarpati Family

# Miles for Matt Bike Tour

**Sunday June 6, 2010**

Wantagh State Parkway 8am to 12pm



**“..... When you set out on a journey and night covers the road, you don't conclude the road has vanished. And how else could we discover the stars?”**

**The Journey Continues.....**

**Miles For Matt Foundation**

P.O. Box 20117

Huntington Station, NY 11746

For more information call:

Chris: 631-375-0302

Jim: 631-838-1109

[miles4matt@aol.com](mailto:miles4matt@aol.com)

[www.miles4matt.com](http://www.miles4matt.com)

[www.active.com](http://www.active.com)

**Registration Form**  
**Sunday, June 6, 2010**  
**A Rain or Shine Event**

First Name \_\_\_\_\_  
 Name Last \_\_\_\_\_  
 Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Town \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_  
 Age on bike day \_\_\_\_\_  
 Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Telephone \_\_\_\_\_  
 Email \_\_\_\_\_

**Emergency Contact**

Phone \_\_\_\_\_  
 Name \_\_\_\_\_

**Adults**

\$50 until May 20, 2010 \_\_\_\_\_  
 \$55 until June 3, 2010 \_\_\_\_\_  
 \$60 Ride Day \_\_\_\_\_

**Children (17 & under)\***

\$25 until May 20, 2010 \_\_\_\_\_  
 \$30 until June 3, 2010 \_\_\_\_\_  
 \$35 Ride Day \_\_\_\_\_

\*All children must be accompanied by an adult.



**Waiver and Release of Claims:**

In consideration for your allowing me to participate in the **Miles For Matt Bike Tour** held on June 6, 2010, I, for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages, for death, personal injury or loss of property which I may have or which may accrue to me as a result of my participation. I, the undersigned, discharge and release Nassau County, New York State Office of Parks, Recreation and Historic Preservation, the Scarpati Family, all sponsors of this event, all event volunteers, from all liabilities arising from my participation in this excursion, whether or not caused by the negligence of any of the above parties. I acknowledge that this event may involve risks, including the risk of falling, collision with other bicyclists, motor vehicles, or stationary objects, and the conditions of the road. My participation is voluntary and done at my risk. I voluntarily assume all risks of loss, damage or injury that may be sustained while participating in this event. I recognize that an event of this nature can be physically demanding. I understand and agree that medical or other services rendered to me by or at the insistence of any of the above parties are not an admission of liability to provide or continue to provide such services, and are not a waiver by any of the said parties of any right hereunder. *I understand that serious accidents may occur during bicycling excursions and that participants in this excursion may sustain mortal or serious injury as a consequence of their participation.* I understand that my bicycle or other equipment may be damaged during the ride, including during transportation in our

rented trucks, buses, or other vehicles. Nevertheless, I agree to assume these risks and to release and hold harmless all of the persons mentioned above who might otherwise be liable to me for damages. I attest that I have checked the equipment I will use in this event and it is in good mechanical condition. I understand that bicycle helmets can prevent some serious injuries and I agree to wear one whenever bicycling during this event. I also understand that the **Miles For Matt Bike Tour** is an event that I will participate in as an individual and of my own free will. I understand that my time spent throughout my participation in the **Miles For Matt Bike Tour** is that of a sole individual, and on my own free time, independent of other riders, groups, affiliations, or any of my employers. Any injury or fatality will not be subject to a workers' compensation claim.

I have read and understand everything written above and I voluntarily agree.

**Signature**

\_\_\_\_\_

**Date**

\_\_\_\_\_

**(Signature of parent or guardian for anyone under the age of 18)**

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